

How to create a Memory Box

When someone important in our life dies, we sometimes worry we will forget things about them. A memory box is a great way to cherish the special memories so we never forget them.



You can use any box you choose, it could be a shoebox, a wooden box or a blank box. You can decorate the box and then fill it with your special items.

Here are just a few ideas of things you might like to include, but there are probably lots of other things you can think of too, these may just get you started:

- Photographs
- The person's clothing
- A book or CD
- A journal
- Their perfume/aftershave
- Letters they wrote
- Tickets from a memorable event
- Jewellery
- Their glasses
- Or anything that means something to you