

Nelson's
Journey
**Purple
Picnic**
bringing back smiles to bereaved children



Kate Barmby's
**Eatable
Memory
Jars**



My grandmother was an enthusiastic cook however she was quite rebellious and almost always refused to follow a recipe. These jars full of deliciousness have been created in her memory as they are more of a concept than a recipe and they are perfect for anyone that doesn't really like following instructions!

My "naughty nanny" as she was affectionately known used to make us eat our pudding before our main course in case we would be too full up to manage it! My grandmother was very partial to a glacé cherry and always carried a KitKat in her handbag in case of emergencies.

The idea is that you layer up your loved ones or your own favourite treats in a screw top jar and then eat your way through the layers of memories that they evoke.

Tip

- Include some layers of wet ingredients like cream, custard or yoghurt to help bring everything together
- You could make a frozen version using icecream

My jar in memory of my grandmother Lucy was layered with her favourites...

Whipped double cream

Fresh sliced strawberries

Raspberries

Blueberries

Tinned peaches

Broken shortbread biscuits

Smashed meringues

All topped off with a KitKat and a glacé cherry

Once you've put all your layers of treats in your jar put on the lid and leave it in the fridge so the flavours have a chance to meld together a bit.



Love Kate x